



COSMO TIMES

ROTARY CLUB OF GURGAON COSMOPOLITAN

RI DIST 3011 Club ID C000069836

VOL 18

ISSUE 4

OCTOBER 2022

PRESIDENT'S MESSAGE



Dear Fellow Rotarians,

Rotary Greetings,

As we continued our journey towards becoming a more vibrant club, we had two wonderful fellowship meeting, Breakfast at Coco n curry and our much awaited Diwali fellowship at St. Andrews club, which took us to the sky line of Gurgaon, both saw a good turnout of all the members and families.

Our vision to promote our young generations continued with forming the Interact Club at RPS International school and initiating 'Project She' with our Rotaract Club of Young Souvenirs, where the first machine was contributed by Rtn Gopesh Aneja.

We also joined hands with clubs of our district for the Mental wellness project at the Heartfulness centre in Gurgaon under the Heartful Rotarians Programme.

Our club's presence was also marked in the Rotary District 3011 by our Club Trainer Rtn Ruchi Rai, as the Co Chair of District Literacy Committee successfully planned and hosted the District Literacy Seminar.

As we move in the month of November, I am equally excited for more events and service projects with the continues participation and support of all members.

With Rotary Regards,

Rtn Abhishek Aneja.
President

THE 4-WAY TEST

of the things we
think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned ?

Let us all keep the
above tests in mind
before we say, think or
do anything

RI President's Message



Rtn. Jennifer Jones

Being asked to Imagine Rotary can seem like a big, heady exercise, but the most important element of it is something quite small, even personal. Not too long ago, Rotary members were expected to perform our acts of service quietly. I understood and appreciated the thought behind that — humility is a wonderful trait, and we should continue to nurture it in other ways.

But keeping Rotary to ourselves has a cost. and by sharing our Rotary moments, we are being generous with others and giving them an opportunity to understand the impact of Rotary. It brings to mind that wonderful aphorism: “People will forget what you said. People will forget what you did. But people will never forget how you made them feel.”

So how do we make people feel Rotary? The best way is to share our Rotary moments. We have all had them — when the ordinary collides with intention to create something extraordinary.

Some people have those Rotary moments the first time they go to a meeting. For others, it can take years, before seeing the joy in the eyes of someone we serve. Or perhaps in hearing from another member something that hit close to home.

As Nick and I share this journey, we are amazed at the work you are performing and the lives that are transforming. Throughout the year, I’m going to share with you the sights and the stories that made those tours meaningful for us. I hope you can do the same in your corner of Rotary. It can be something you share in meetings or on social media. For the most savvy and ambitious, it could be an event you publicize with local media. Even sharing your stories with friends has impact.

We need ambassadors for Rotary’s message and our dreams for a better world. The best ambassadors are you. The more you share stories — and share them from the heart — the more you encourage others to partner with us, to join us, and to stay. To give you just one small example, in the months ahead, I will be turning over this column to Rotary members who will share their personal stories as they relate to diversity, equity, and inclusion in our organization. It’s important that we hear these stories directly from the people who experienced them as a way of feeling the importance of DEI for the future of Rotary.

In everything we do, what people feel about Rotary will shape our future. I can only imagine what you will inspire through the stories you’ll tell.

Source: <https://my.rotary.org/en/news-media/office-president/presidential-message>

District Governor's Message



Rtn. Ashok Kantoor

Dear Presidents and Team,

What a festive month this has been! It did seem as if the past two years of solitude, isolation and the pain that many went through in that period, had completely disappeared. The festivities brought a lot of positivity into our life and also in our attitude and enthusiasm to do good in the world that seems to have been reenergized with invigorated resolve and determination.

The month started with a loud bang, figuratively speaking, with the Polio and Leprosy Cycle and Rally that was organised on the 2nd of October to coincide with Mahatma Gandhi's birth anniversary. Our intention was to draw attention to two diseases that threaten to spread if not treated on time--Polio and Leprosy. While Polio Rally was being celebrated in anticipation of the World Polio Day which fell on the day of an important festival – Diwali, Leprosy Rally was organised to create awareness about the myths and misconceptions about the disease that can hinder good prevention and treatment decisions. We are grateful to Rotary Clubs of Delhi South and Regency Next for organising a splendid and vibrant event and we hope our message was delivered emphatically across Delhi while we cycled the 21 kms across a part of the city. We also released the District Directory on this significantly important occasion.

The festivals were celebrated with a lot of joy and everyone went an extra mile to make it even more colourful than ever. It all started with pious and religious thoughts around the 'navratras' which was like an extension of our endeavour to attain peace and conflict resolution and ended with the festival of lights –Diwali, which augured the beginning of renewed vigour and the will to pursue our targets and achieving our goals.

I am really happy to see the large numbers of attendance at every event that has been conducted in the District so far. Seminars that cover relevant topics like the recent one on Literacy are important for us because they impart knowledge and they also reinforce our commitment to delivering an outstanding learning experience and help us in transforming lives and economies. The information delivered in these sessions also act as a base for the development of strategic plans, business engagement activity and diversified projects.

I look forward to many more interactions and lots of work on different projects with you over the coming months.

With Best Wishes

Yours Sincerely

Rtn Ashok Kantoor

District Governor R.I District 3011

Source: Abhivyakti | Governor's Monthly Letter | October 2022

Some Events of October 2022

Installation of First Sanitary Napkin Vending machine under "Project She" at Ved Vyasa DAV Public School



Rotary Club of Gurgaon Cosmopolitan along with Rotaract club of young souvenirs supported by Rotaract District Organization 3011 installed its first Sanitary Napkin Vending Machine on 20th October 2022 under "PROJECT SHE" at Veda Vyasa DAV Public School, Vikaspuri, New Delhi. The sanitary pad dispensing machine was sponsored by club member PP Rtn. Gopesh Aneja. President Rtn. Abhishek Aneja and PP Rtn. Gopesh Aneja attended this event from our Club.

Rotaract Club of Young Souvenir - Thanksgiving 2021-22 and Installation Ceremony 2022-23



Thanksgiving Ceremony of Rtr. Himani Tanwar and her team of RY 2021-22 and Installation Ceremony RY 2022-23 of Rotaract Club of Young Souvenir sponsored by Rotary Club of Gurgaon Cosmopolitan was held on 16th October 2022 at Rotary Public School, Sec.22, Gurgaon. Rtr. Pearl Gupta was installed as President of the Rotaract club of young souvenir. President Rtn. Abhishek Aneja and IPP Rtn. Vivek Duggal attended the event as chief guests.

Heartfulness Session of Meditation



Rotary Club of Gurgaon Cosmopolitan in association with Rotary Club Gurgaon, Rotary Club of Gurgaon Passion, Rotary Club New Gurgaon and Rotary Club of Delhi Humanity organized Session of Meditation at SRCM Heartfulness Meditation Centre, Palam Farm, Village Salhapur, Sector 21, Gurugram on 15th October 2022 followed by breakfast. The project focused at improving mental health by meditation and included Discussion on Wisdom Bridge, Meditation session in Meditation Hall, Tour of Ashram and a session on Brighter Minds. It was truly a delightful experience at Heartfulness as a Joint Project of Clubs of Gurgaon and Delhi for all the participating clubs and their members and guests. Form our club, it was attended by President Rtn. Abhishek Aneja along with First Lady along with R'anne Isha Aneja and daughter Adhya, Secretary Rtn. Amit Kumar Jain and Rtn Ish Seth.

Sunday Brunch Fellowship at Cocco n Curry



Sunday Brunch Fellowship of Rotary Club of Gurgaon Cosmopolitan was held on 2nd October 2022 at Cocco n Curry, Good Earth Mall, Sector 50, Gurgaon an initiative by President Rtn. Abhishek Aneja and Secretary Rtn. Amit Kumar Jain. It was one of the most memorable and exciting get together for the members and families who joined enjoyed the Sunday Brunch Fellowship.

Diwali Fellowship



Rotary Club Gurgaon of Gurgaon Cosmopolitan celebrated Diwali Fellowship on 21st October 2022 at St. Andrews Club, M3M Golf Estate, Sec. 65, Gurugram. The club is on the top floor (35th Floor) of the St. Andrews Tower and offers breath taking views of the Gurgaon Sky Line. This fellowship was conducted with games, music, dance and drinks followed by dinner. It was very well organized event under the leadership of President Rtn. Abhishek Aneja, Secretary Rtn. Amit Kumar Jain and fellowship Chairman for Diwali Rtn. Manish Sehgal.

District Literacy Seminar



The District Literacy Seminar was organised and hosted by Rotary Club of New Delhi at India Habitat Centre, New Delhi held on 29th October 2022. Chief Guest was Dr. Pankaj Arora, Dean Education, Delhi University and Guest of Honour was PRID Kamal Sanghvi. DG Rtn. Ashok Kantoor called the meeting in order. The meeting was meticulously planned and seamlessly hosted by PP Rtn Ruchi Rai and was highly appreciated by all. PRID Rtn Kamal Sanghvi came all the way from Kolkata to address members of our District on a very important subject of Literacy, which is very close to his heart. DLCC Rtn Pran Mehta, Co-chair PP Rtn. Ruchi Rai and all the Literacy Team Members were appreciated for organising this District Literacy Seminar on the grand success with a participation of around 200 audiences.

President Rtn. Abhishek Aneja and PP Rtn. Ruchi Rai attended this seminar from our Club.

Flag Exchange with Rotary Club of Las Palmas Spain



President Rtn. Abhishek Aneja exchanged RCGC Club Flag with Rtn. Pablo Jai Prakash Lalwani, Vice President of Rotary Club of Las Palmas Spain during the District Literacy Seminar which was held on 29th October 2022 at India Habitat Centre, New Delhi.

Rotary Public Image, Rtn. Dr. Neeraj Sanduja



Rtn. Dr. Neeraj Sanduja was an invited as the chief guest for the award distribution ceremony of Suraj School Sector 56, Gurgaon which was held on 14th October 2022.

Our Activities published in the GML 'Abhivyakti'

FELICITATING BIKERS FOR THEIR NOBLE MISSION

Honoring Rotary Ride For Unity Bikers At The Installation Of Rotary Club Of Gurgaon Cosmopolitan

First Lady R'Ann Alka Kantoor DG Rtn Ashok Kantoor, President Rtn Abhishek Aneja and members of the club felicitated a group of Rotarians who were a part of the IFMR team and were on a Rotary Unity Ride For Heart covering a 2800 kms bike ride from Bangalore to Wagah / Attari Border in Amritsar to raise funds for Pediatric Heart Surgeries.

The International Fellowship of Motorcycling Rotarians (IFMR) is the fellowship group of Rotarians who share the common interest of motorcycling. They are one of the largest of the 100+ Rotary Fellowships with around 2800 members in 30 different countries. Every year IFMR takes up a cause to serve the society. During 2020-21 21 riders from IFMR India participated in the Combat Covid Ride; they visited 9 Rotary districts over 18 days and raised about US\$15,000 directly. They were instrumental in raising an additional US\$40,000 during their ride in the other Rotary districts, inspiring Rotarians to join the fight against Covid19.

In 2022, they have taken up the cause to raise funds for Paediatric Heart Surgeries in India, called the "Unity Ride" and their endeavour is to spread awareness, inspire contributions and spread message of unity. The heart surgeries will be conducted through Rotary's Needy Heart Foundation. Unity Ride for 2022 is a 2,800 kms Motorcycle Ride from Bangalore to Attari (Wagah) Border from 11th to 22nd September 2022.

Riders will meet Rotarians and Press at major cities on the way to make an appeal for contributions/commitments for Paediatric Heart Surgeries. Rtn Arun Belur from Rotary Club of Bangalore Belur, President IFMR and Rtn Prashant Mishra from Rotary Club of Bangalore Junction, Secretary IFMR are leaders of this group of riders on a mission.

• IFMR was chartered in 1992. There is a Chapter in 30 countries with more than 2600 Bikers.



Rotary Club of Gurgaon Cosmopolitan

Zone:7

Rotary Club of Gurgaon Cosmopolitan

AG: Rtn Munish Khullar

President: Rtn Abhishek Aneja



The Club Members along with Rotaract club of Young Souvenirs installed its first Sanitary Napkin Vending Machine on 20th October 2022 under "PROJECT SHE" at Veda Vyasa DAV Public School, Vikaspur, New Delhi.

From the Desk of the Secretary

ROTARY MONTHS

Jul	Start of new Rotary officers year of service
Aug	Membership and New Club Development
Sep	Basic Education and Literacy
Oct	Economic and Community Development
Nov	Rotary Foundation
Dec	Disease Prevention and Treatment
Jan	Vocational Service
Feb	Peace and Conflict Prevention/ Resolution
Mar	Water and Sanitation
Apr	Maternal and Child Health
May	Youth Service
Jun	The Rotary Foundation's 110th Anniversary

Birthdays

November	
16 th	Rtn. Vineet Chillani

Anniversaries

November	
22 nd	Rtn. Urmi Gupta & Mr. Ankur Gupta
23 rd	R'aane Malini & Rtn Pradeep Agrawal

Upcoming events

10 th November 2022	Speaker meeting
11 th November 2022	DILA



Published by

**ROTARY CLUB OF GURGAON COSMOPOLITAN
FOR PRIVATE CIRCULATION ONLY**